

the Parish Magazine

What's On Guide

to Community Events, Church Services and Activities in YOUR village and the Solway area!



March 2021

Delivered free to homes within the Benefice of the Barony of Burgh, The Parishes of Kirkandrews On Eden with Beaumont and Grinsdale, Great Orton, Aikton, Burgh by Sands and Kirkbampton

**Contributions for the April issue:
NOT LATER THAN 10th March 2021**

www.eastsolwaychurches.org

*Helping everyone enjoy life in all its fullness
through being disciples of Jesus*

Your Churchwardens

Aikton:

Mr P Palmer (016973 42716)

Beaumont:

Mrs Linda Beattie (01228 525996)

Mrs Margaret Parkinson (01228 576339)

Kirkbampton

Mrs Elizabeth McCall (01228 576042)

Great Orton:

Mrs Elizabeth Reed (01228 710280)

Mr John Lamb

Burgh by Sands:

Mrs Carolynne Baines (01228 576301)

Mrs Lisa Turner



Carlisle Food Bank



Foodbank

Please note that in order to continue your support of the local Foodbank, the easiest way to make donations is, when you are supermarket shopping, to buy some extras and place in the bins provided past the tills.

For those who can't go to a supermarket, the Food Bank is able to receive donations by cheque or by direct transfer into their bank a/c (see their Facebook page for details) The need is extremely high at present so please continue to support it.

SOLWAY RED SQUIRREL GROUP

We are a group of volunteers working to promote the preservation of our native red squirrels in the Solway area. Red squirrel numbers are slowly recovering and we are getting increasing reports from people who have them visiting their gardens.

**You can help us by reporting all sightings of RED or GREY squirrels to
01228 711 520 or email solwayredsquirrels@hotmail.co.uk**

If you would like to know more about Red Squirrel Conservation, please contact us for details of our illustrated presentation or visit the Northern Red Squirrels website—
www.northernredsquirrels.org.uk

Thank you



During this difficult time your local Churches would like to offer help to all

Coronavirus impact – help is at hand

those affected (particularly by self-isolation etc.).

You may need

a food drop,

items posted for you,

medication collected, or

someone to talk to on the phone.

Whatever your need we would love to be able to help.

Please contact your local Church representative and they will do their utmost to help you - with the support of other local volunteers:

Aikton	– Vera Nicholson (016973 42291)
Beaumont	– Jim Johnson (01228 576337) or Kathleen Bowron (01228 575 010)
Burgh by Sands	– Viv Sealby (01228 576770) or Lisa (01228 576387)
Great Orton	– John Lamb (01228 710569)
Kirkbampton	– Elizabeth McCall (01228 576042) or Margaret Hay (01228 576762)

For the latest information in our ever changing situation go to:

www.facebook.com/SolwaySamaritans

BURGH-by-SANDS NEWS

BURGH BY SANDS AND BEAUMONT PARISH COUNCIL MEETINGS

Due to the Coronavirus, all Parish Council Meetings will be held remotely until further notice. Please refer to noticeboards and websites for information. Agendas and minutes of remote meetings will be published on the websites.

Any queries please contact the Clerk on 01228 522540 or email
clerk@burghbysandsparishcouncil.co.uk and
beaumontparishcouncil@gmail.com

Websites: www.burghbysandsparishcouncil.co.uk and
www.beaumont-pc.org.uk

BURGH BY SANDS VACANCY FOR CLERK/RFO

A vacancy has arisen within Burgh by Sands Parish Council for the role of Parish Clerk and Responsible Financial Officer.

If you are interested in applying for this position, please contact:
Councillor Vivien Sealby - 01228 576770 vivsealby@gmail.com or
Councillor Peter Ditch - 01228 576699 ditchpjs@hotmail.com for further
information.

St Michael's Church Electoral Roll

The annual revision of the Electoral Roll for Burgh will take place between March 25th and April 7th 2021.

Anyone who is aged over 16 and baptised, has signed a form of application to be enrolled, and is a member of the Church of England resident in the Parish or having habitually attended public worship in the Parish for the six months prior to their application is eligible to apply.

Forms of application are available from Sue Ward, Glenrae, Thurstonfield, Carlisle, CA5 6HE Tel no. 01228 575064 or email at smward1@hotmail.co.uk

The completed revised Roll will be displayed for two weeks from April 8th.

St Michael's Church Burgh by Sands



Easter Trail

Saturday 27th March to Sunday 4th April

Can you find the egg posters that will be displayed on gates, fences etc around Burgh Village?



Find the egg, note down the three words in the egg poster and complete your entry form.

Entry fee is a contribution to the local Foodbank

Entry forms are available from Burgh School, and to download from the East Solway Churches Website, St Michaels Facebook page or by emailing davidsonlesley767@gmail.com

Hints as to where the egg posters are situated will be on the Church notice board.

Prizes will be awarded to the groups who collect the most egg words.

Entries should be returned to Meadow View, North End by 9th April, together with your Foodbank donation.

Happy Hunting !!

Helping everyone enjoy life in all its fullness though being disciples of Jesus

The experiences of a dog walker

My name is Lynne, you may already know me as I have lived in Beaumont all my life. If you don't, I walk a lemon roan cocker spaniel, Bertie; you may have seen us out and about. Bertie is our son's dog, he's 8 and has lived with us for 4 years after coming to us originally for a 2 week holiday!

I knew nothing about keeping a dog; we had a cat at home as I grew up which was adopted from a neighbour. I was bitten by a farm dog in the village when I was primary school age so was always very wary of dogs especially large ones. However I quickly learned to look after and love Bertie which will come as no surprise to other dog owners. He is amusing, good company and keeps us fit!

Now I think dogs are only as good as their owners. We spoil Bertie, our "grand-dog", and then wonder why he's not always obedient – our fault! He loves to be outside and is always eager to go "walkies" and being a typical spaniel, spends as much time sniffing as walking! He knows where other dogs have been by their scent and also where other dogs "have been" if you know what I mean!

Which brings me to the subject of dog poo – perfectly natural for dogs to poo when out for a walk but unnatural for them to pick it up themselves which is where dog owners come in useful!

Why have a dog, invest money and time in them, feed and exercise them, take them to the vets if poorly, wash them if dirty or even take them to the groomers, but not "pick up" after they poo. This is not only failing the dog, but failing the owner and others. I find dog poo all over the place when walking in our Parish, even near to the children's play area at the Parish Hall and it's along every road I walk. Even dog poo on the grass verges which I feel is not acceptable because country roads often have no pavements so people have to walk on the verges to avoid traffic.

Due to lockdown people are restricted to walking in their own local area, so this dog poo must be from local dogs and owners who, for whatever reason, appear to ignore the rules.

Some time ago, if my memory serves me well, a young lady living in the village developed an eye infection and nearly lost her sight due to a virus caused by dog dirt. This could potentially happen to any of us at any time, dog owner or otherwise, and the sensible thing to do is to minimise the risk.

BEAUMONT, KIRKANDREWS & GRINSDALE NEWS

The trouble is that all dog owners are unfairly placed under suspicion of not “picking up”, who really knows? It must be the anonymity making the few act in this way as they can easily get away with it.

So I will try to appeal to their better nature. We live in and around an area of outstanding natural beauty and are fortunate to have some lovely, peaceful countryside walks. Have you noticed the lovely poems printed on posters around the Parish, courtesy of Kirkandrews-on-Eden W.I., for people to read on their daily walks and to enhance mood in this difficult time. A true kindness shown to others. Please follow this example and be kind and considerate of others. The pandemic and tragic outcomes so many people are experiencing must teach us this. It's not a perfect world but if everyone played their small part, it could be considerably better for us all.

Let's try to keep our villages clean and tidy for local people and the tourists who will come back when allowed, to enjoy the countryside and all it has to offer, hopefully free of dirt and litter.

Now on the subject of litter-----don't get me started!!!!



Beaumont Parish Council

Beaumont Parish Council currently has a vacancy. If you would like to consider this position, please contact the Clerk on 01228 522540, or email beaumontparishcouncil@gmail.com for further information.

GREAT ORTON NEWS

Orton and District Public Hall – Annual General Meeting (postponed from October 2020)

**Orton and District Public Hall AGM will be via Zoom on
Monday 22nd March 2021 at 7.00 pm**

All welcome

If you would like to attend please email the Secretary at greatorton-hall@gmail.com by Friday 19th March. The agenda, papers and the zoom link will be emailed to you.

Please note this is the meeting postponed from March and October 2020. A further date will be arranged for the 2021 Annual General Meeting

Great Orton Village Hall 50/50 Draw 2021

January 2021 winners

- 1st - No 125 Wendy Bendle**
- 2nd - No 83 Hannah Wannop**
- 3rd - No 137 Matt Howes**
- 4th - No 59 Nigel Parry**

February 2021 winners

- 1st - No 44 Rhonda Donahue**
- 2nd - No 139 Barry Lomas**
- 3rd - No 31 Ian Cork**
- 4th - No 20 Sheila Martin**

KIRKBAMPTON AND THURSTONFIELD NEWS

St Peters Church—Kirkbampton

Under the latest guidelines the church is closed at this time.

We hope to be back soon.

Kirkbampton Village Hall

The hall will be closed to all users in line with Covid restrictions.

We will be contacting those with upcoming booking as necessary.



If you are self isolating
due to Coronavirus or
just can't get out, we
want to help.

This could be
✓picking up shopping
✓posting mail
✓a friendly phone call
✓urgent supplies

We will operate a Covid
Safe drop off to keep
everyone safe.

Phone Faye Gibson on
07936372530

METHODIST SERVICES

Thurstonfield Methodist Chapel

Sunday Services commence at 6.30pm

Mar	7th	Evening Service
	14th	Evening Service
	21st	Evening Service
	28th	Evening Service

Assuming the Chapel is open. Some of the windows will be open during the service, to provide continuous ventilation, so we need to dress appropriately.

A face covering is a requirement in chapel.

Social distancing will be observed inside and out.

News from Monkhill Methodist Church

Lockdown and the resultant Chapel closure means there is much less to do and report on than usual. However, members felt there must be something we could do as a Church to help the community in some way during this pandemic and struck upon the idea of donating a computer to a school pupil, who otherwise would have no means of doing their school work on-line from home.

We were able to source and fund a refurbished computer locally and a second computer was donated by an individual member, resulting in 2 computers going to a primary school in our own local area. So are so pleased to have been able to help in this way.

In the last Parish Magazine, we reported on plans to form a larger "North Cumbria" Circuit by joining with the Wigton Circuit although the potential name of any new Circuit would have to be decided jointly. We may be a step nearer after our Circuit meetings towards the end of February so any update will be given next magazine.

We remember those who have been bereaved recently, those in hospital or who have been in hospital, those whose treatments have been delayed or postponed and we continue to pray for all affected by Covid, both directly and indirectly, many known to us personally. We remember and acknowledge that throughout the pandemic “God is with us”.

The following quote by John Wesley, the founder of Methodism, has been taken from the North Cumbria Methodist Circuit Facebook page and is as relevant today as it was then –

“Do all the good you can,
By all the means you can,
In all the ways you can,
In all the places you can,
At all the times you can,
To all the people you can,
As long as ever you can”

Finally let us remember to be kind to one another as we progress through the pandemic-
Hands, Face, Space, *Grace*

Any enquiries to Church Stewards: Lynne Graham tel.576585 or Kathleen Bowron tel.575010.

Church matters

MARCH 2021

Rectory Ramblings

I write this as the Prime Minister lays out his roadmap for our next few months – schools returning, phased re-openings etc. The worst is over, it would seem. We are coming down the back of the second wave, and spring is starting to give us a feeling of new life, even new hope. I am reminded of the line *‘strength for today, and bright hope for tomorrow, blessings all mine and ten thousand beside’* from the hymn *‘Great is thy faithfulness O God my Father’* – for it is His gifts that enabled the vaccine development, and His help that will keep us going.

In the psychological terminology of ‘Disaster relief’ we are now in Phase 2. We have had the initial (often adrenalin fuelled) **Response** (to the crisis), now we are beginning **Recovery**, and over the next few years there will be **Rebuilding**.

The Recovery phase is the ‘picking up the pieces’ – structurally, as well as mentally/emotionally/spiritually – as we process and integrate what has happened. This is the time to focus on our mental health, so that we can go forward healthily into the Rebuilding phase.

As part of our Pastoral Care to you we’ve included in this magazine a straightforward worksheet entitled **‘My Pandemic Experience’** to help each of us reflect as part of our ‘Recovery’ processing. It works best when you give time to ponder each part...

We’re also engaging emotionally with God in our Online Lent services using the Psalms (bible songs and poetry) which express all kinds of emotions from situations of struggle, and draw us further into a wholistic, lived faith, not just an intellectual one. Why not join us... and/or make contact if you’d value a listening ear and a prayer?

This prayer comes from Psalm 25 vs4-5&21...

Show me your ways, Lord, teach me your paths. Guide me in your truth and teach me, for you are God my Saviour, and my hope is in you all day long. May integrity and uprightness protect me, because my hope, Lord, is in you. Amen

Tudor vicartudor@gmail.com 01228 576324

For the parishes within the Benefice of the Barony of Burgh: Aikton, Burgh-by-Sands, Great Orton, Kirkandrews on Eden with Beaumont & Grinsdale, and Kirkbampton.

FOUNDATIONS – Episode 1

Many of us are re-evaluating how we see the world, what our expectations are, and what we're building our lives on. I've been asked to add to our Parish Magazines an accessible, non-topical series on the real Foundations/building blocks of the Christian faith.

Why go back to the start? For many of us these 'basics' were knowledge our (grand) parent's generation assumed but never really articulated/passed on to us properly. So much of what we know is 2nd hand opinion, with knowledge gaps we are embarrassed to ask about !

Let's begin with **Why am I like I am? Why are humans as we are?**

Why are we:

individual and communal?

similar yet distinct?

creative and purposeful?

grounded and yet imaginative?

finite but seeking eternity?

The Bible's answer is that we are created beings made in the image of the eternal trinitarian God. **We're 'matter' that matters !**

CREATED - Deliberately formed from 'the dust of the earth' - the same ingredients as the rest of creation - we're not self-created or meaningless, & our purpose & fulfilment come from our Creator.

IMAGE - God breathed His divine 'life' into us and we reflect our maker in our nature, far more than any animal, plant or planet.

ETERNAL - God has always been and always will be, and His divine reflection in us means we know ending/death is not good.

TRINITARIAN - Because God is 3 persons in 1 God: a tri-unity of perfect love between Father, Son & Spirit. So we're distinct individuals who flourish in relationship – with God & each other.

Background Bible reading: Genesis chapter 1 (especially verses 27&28)

Coming soon: *Why are we masterful and yet messed up?*

01228 576324

vicartudor@gmail.com

MY PANDEMIC EXPERIENCE

cpas

The pandemic has impacted us all. This guide helps you to reflect on your personal experience. Try to find a quiet place, and around 30 minutes, to use the questions and underlined links to explore what has been going on for you. You can either print the sheet off, or type in the white areas by clicking in them.

THANKSGIVING

What are you thankful for? Think about small daily things, such as food, as well as bigger wider things, such as frontline workers.

Thanksgiving is becoming increasingly popular as a mental wellbeing tool. People struggling with their mental health are often encouraged to keep a gratitude diary, writing down three or more things each day that make them feel grateful. Even on the hardest days. The reports are that it proves very helpful. For Christians, thanksgiving is part of our regular practice. We believe that God is listening to us with delight as we give thanks for all the gifts he has given, just as a parent delights in watching a child enjoy food or toys or play or learning.

PRACTICES

- Keep a gratitude list or jar. Write down three things each night you are grateful for from the day.

There is much over the last year to be sad about. To lament is to describe all that sadness. We might talk about it, make a piece of art about it (whether we're 'good' at painting or drawing or not). We might sing sad songs or make scrapbooks or photobooks to remember people by. We might need to cry or walk or exercise or light a candle in memory. Lament is woven through the Christian tradition. In the middle of the Bible you may have on a shelf, there is the book of Psalms, which are ancient songs to God. Some of them are hugely helpful at expressing our sadness and anger and lament. For example, Psalms 42 involves honest recollection of how we are feeling, and a passionate expression to God of the pain and difficulty that we are experiencing.

PRACTICES

- Read aloud Psalms 42 every day until you have expressed all the lament, or listen to this song.
- You might also want to write your own list or poem about how you feel and read that aloud.

LAMENT

What are you missing, longing for? This may be people or things you have lost, hopes that have been dashed or longings for a better future.

LEARNING

What have you learned? What have you learned about your life, about what and who is important to you, about how you want to use your life well? What do you want to do differently as a result of the pandemic?

The Bible is full of people finding God helping them in the midst of the muddles and difficulties and challenges of life. Pain and suffering have always been part of life, and Christians, like everyone else, want to make sense of them. That's not always possible, but it can be possible to find God with us in the dark places of life. Jesus said 'I am the light of the world', and countless people around the world have found that to be true – that his light shines in the darkest places when we give ourselves to him. You may like to read a poem on this theme.

PRACTICES

- Write or draw in a notebook for a few moments several times a week to help you reflect on your life and think things through. After a few weeks, it can be helpful to look back and see how things are going.
- Talk through your experiences of the pandemic – good and bad – with someone you trust. Invite them to ask questions and to listen carefully. Sometimes it's in talking with someone else that things become clearer. If you don't have anyone, contact a church.

Many people pray – people of all faiths and none. In a crisis we long to know that there is someone bigger than us who can help us, so we cry out, hoping there is a God who is loving and who is listening. Christians believe that praying is not just for emergencies. We believe that the whole of life is meant to be a conversation with God. Jesus lived like that and his friends wanted to learn to live like that too. So Jesus gave them what we call The Lord's Prayer. If you've never prayed regularly before, it's a great starting place. You could read the prayer every day, thinking about each bit. And then ask God for help for other things and other people. You might also want to find out more about praying. Christians also find it helpful to pray and worship together, rather than trying only to get to know God by ourselves. Ask a Christian you know how to join in some praying at church – either online or in a meeting.

PRACTICES

- Ask a Christian you know if they pray, and how they pray. Ask them what difference it makes to their life.
- Maybe find or buy a Bible or a Bible app, and start reading one of the accounts of Jesus' life, for example the section in the Bible called Mark. Make sure you find a modern-language version of the Bible that is easy to understand.

PRAYER

What would it be good to think about in your praying over the coming weeks? People, situations, and concerns – local and global.

FURTHER RESOURCES

- If you have experienced the death of a loved one through this time you may find this informative online booklet on Death, Grief and Hope helpful, or these resources from MIND on bereavement.
- If you would like further help, find a Church near you and make contact. You'll be warmly welcomed.

CHURCH CONTACT:

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Good news that we all need through Coronavirus-safe Christian Services

ONLINE

We have a **Service every Sunday at 10am**
[with a **Family Starter before at 9.50am**] on
www.YouTube.com (search 'East Solway Churches')
& [www.facebook.com/
BurghbySandsChurch](http://www.facebook.com/BurghbySandsChurch)

[NB everyone can watch. You need not be a Facebook member]

ONPHONE

A recording of our Sunday online service can be
listened to all week (from that Sunday morning) by
phoning **01228 588199**

PHYSICAL

There will be a socially-distanced service at **9.30am on Sunday
21st March at St Peter's, Kirkbampton**. This will be followed by
our Annual Meeting (APCM).

Our other Church of England PCCs have decided not to hold **physical services in March** [except funerals].

To find out what is happening at Monkhill Methodists phone 01228 575010 or for Thurstonfield Methodists phone 01228 576073.

Barony of Burgh Lent Course 2021

'You are not your own'.

Five faith-nourishing Wednesday evenings on
Human identity and Sexuality
with video input, bible study and discussion, and prayer.

7.30pm via Zoom

March 3rd, 10th, 17th, 24th & 31st

Login details from vicartudor@gmail.com or 01228 576324

Annual Parochial Church Meetings

For everyone in and interested in our Parishes:

Aikton	– 2 nd March – 7.30pm	by Zoom
Bowness	– 11 th March – 7.30pm	by Zoom
Beaumont	– 16 th March – 7.30pm	by Zoom
Kirkbampton	– 21 st March – in & after the 9.30am Service at St Peters	
Great Orton	– 13 th April – 7.30pm	by Zoom
Burgh by Sands	– 22 nd April – 7.30pm	by Zoom NEW DATE

Zoom login details from vicartudor@gmail.com or 01228 576324

AIKTON NEWS

AIKTON PARISH COUNCIL

The parish council currently has a vacancy for a parish councillor. Parish Councillors are the essence of local democracy and have a vital role in speaking and acting on behalf of the communities they represent. They understand local concerns, debate issues within council meetings and use their best judgement to make decisions. Councillors are known locally and are often asked for advice or help; it is their responsibility to seek an answer or solution through the council.

If you are interested in this position, please contact the clerk for further details.

If you would like to report a fault on the highway please use one of the following methods;

Online at: <https://www.cumbria.gov.uk/roads-transport/highways-pavements/cumbria-highways/highways hotline.asp>

Highways Hotline: 0300 303 2992

Email: betterhighways.allerdale@cumbria.gov.uk

The next meeting of the Parish Council will be held virtually on Zoom on

Monday 8th March 2021 starting at 7.30pm.

Clerk: Elizabeth Clark, 11 Standingstone Heights, Wigton.

Email: aiktonclerk@aol.com. Tel. No: 016973 45665 (After 5pm).

Please see the parish website at www.aikton.org.uk for minutes of the meeting.

All Parishioners are welcome to attend Parish Council meetings.

ADVANCE NOTICE

The Annual Parochial Church Meeting of St Andrews Church, Aikton, will be held on 2nd March, at 7.30pm.

This meeting will be held via ZOOM. Details of how to join the meeting either by ZOOM or telephone, can be obtained from sheila.paisley@btinternet.com

Or telephone 016973 42573 nearer the time.

Thank you.

Calendar of Events and Claiming Dates

For further details see the Parish Pages

All Events Subject to Covid 19 Regulations

2021

Tues 2nd Mar - St Andrews, Aikton APCM, 7.30pm Zoom Meeting

Wed 3rd Mar - Lent Course via Zoom 7.30pm

Mon 8th Mar - Beaumont PC Meeting, 7.45pm Zoom meeting

Wed 10th Mar - Lent Course via Zoom 7.30pm

Tues 16th Mar - St Mary's Beaumont APCM, 7.30pm

Wed 17th Mar - Lent Course via Zoom 7.30pm

Sun 21st Mar - St Peters, Kirkbampton APCM - in and after the 9.30 service if happening

Wed 24th Mar - Lent Course via Zoom 7.30pm

Wed 31st Mar - Lent Course via Zoom 7.30pm

Tues 13th Apr - St Giles, Great Orton APCM, 7.30pm

Mon 19th Apr - Beaumont PC Meeting, 7.45pm Zoom meeting

Thurs 22nd Apr - St Michael's Burgh APCM, 7.30pm

Mon 24th May - Beaumont PC Meeting, 7.45pm Zoom meeting

Mon 5th July - Beaumont PC Meeting, 7.45pm Zoom meeting

Mon 16th Aug - Beaumont PC Meeting, 7.45pm Zoom meeting

Mon 27th Sept - Beaumont PC Meeting, 7.45pm Zoom meeting

Mon 8th Nov - Beaumont PC Meeting, 7.45pm Zoom meeting

Mon 13th Dec - Beaumont PC Meeting, 7.45pm Zoom meeting

2022

Sat 27th—Mon 29th August— Quilt and Crafts Exhibition, St Michaels, Burgh Village Hall

The Barony of Burgh Parish Magazine
Editorial Policy April 2020

The Parish Magazine is printed and published on behalf of the Churches in the Barony of Burgh. In addition to featuring 'Church Matters', it provides a valuable service by acting as a 'notice board' for the many and varied activities which take place in the local community. Whilst every effort will be made to include appropriate items submitted for publication, the final choice will be at the Editor's discretion and subject to availability of space, in consultation with the Vicar and where necessary, the Magazine Committee.

Certain commercial ventures within the community may be publicised without charge on an initial 'one off' basis, but thereafter would be treated as advertisements and subject to the normal advertising rates and conditions.

In the event of any queries please check with the Editor (davidsonlesley767@gmail.com)

Lesley Davidson
Editor Parish Magazine
April 2020

Disclaimer

Advertisements in the Parish Magazine do not imply Benefice endorsement, or any product or service. Customers should ensure that any firms they use are able to meet their requirements.

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Please call Pam Bishop on 01228 576065

Check out all the facilities on our website:

www.burghbysandsparishhall.co.uk/hall-facilities

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Are you:

- Tired, lethargic or generally unwell?
 - Suffering with post viral fatigue and health related issues?
 - Struggling with headaches and/or migraines?
 - Experiencing gut related issues such as IBS, constipation, bloating, food intolerances?
 - Suffering from eczema, psoriasis, dermatitis?
- Coping with allergies such as food, pollen, environmental, animal related?



Help is at hand.... for enquires or an informal chat, please contact myself on 07776 197425

Sue Mallett NAET Adv, BIAET, BCMA practitioner

GARDEN MAINTENANCE



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Details of local events or activities are included free of charge subject to availability of space and suitability.

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